

Greenwich Club

F O R S I N G L E S

April, 2016
Newsletter

Christ Church Greenwich
254 East Putnam Avenue
Greenwich, CT 06830-4871
Phone: 203-869-6600
www.GreenwichClub.org

Greenwich Club is a fellowship of and for unmarried adults living in Fairfield, Westchester and surrounding counties, sponsored by Christ Church Greenwich. Members are offered an opportunity to work and play together, to become better acquainted with each other and with themselves. To join, please download an application from our website (www.GreenwichClub.org). Annual dues are \$45.

There is something interesting happening every Wednesday at Greenwich Club!

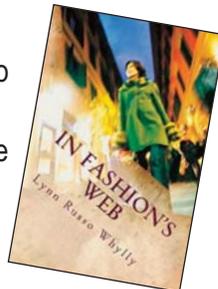
WEEKLY WEDNESDAY DISCUSSION AND SOCIAL

April 6 Social — “April showers bring May flowers.” Let’s “swing into in Spring” with a party! Please bring a snack or beverage to share. Hosted by Winnie Walsh and Carolyn Moller, our party planners perfectos.

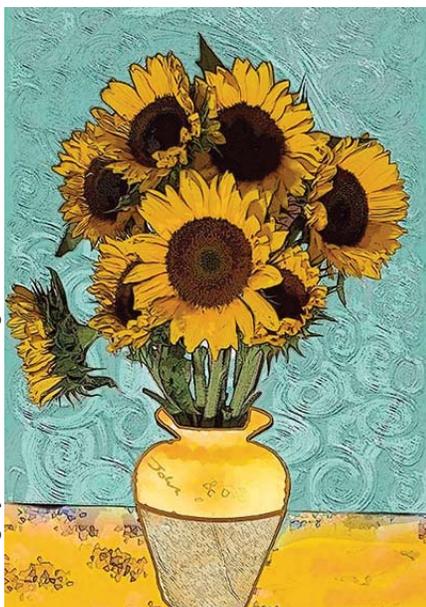


Painting by Claude Monet

April 13 — “New Author” talk by Lynn Russo Whyhly. Have you always wanted to write a book but haven’t been able to get started or you started but haven’t been able to finish it? You are about to be inspired. Lynn Russo Whyhly, our very own editor, will be coming in to speak about the writing, editing, publishing, sales and marketing process



involved with her very first novel, **In Fashion’s Web**, which she self-published on Amazon.com. A writer and editor for 20 years, Lynn is excited to share her experiences with you and to answer any questions you have about the book-writing process.



Painting by Vincent van Gogh

April 20— Living La Dolce Vita! If you can’t fly to Italy this spring, then the next best thing would be to attend our meeting to hear speaker, Raeleen D’Agostino Mautner PhD. Raeleen has been a psychology professor who enjoys talking to groups like ours about her passion for Italy and will tell us how we can bring more zest into our lives, the Italian way. *More information on page 3.*



April Calendar — Greenwich Club

For details see the Weekly Eblasts or the current Newsletter on the website (www.greenwichclub.org)

Day	Date	Event
Sat	2	Let’s watch the Pickleball action at noon in Old Gr.
Mon	4	Dining at Trips, Stamford
Wed	6	Social - Swing into Spring (Library)
Mon	11	Dining at Zody’s, Stillwater Ave., Stamford
Wed	13	Author Lynn Russo Whyhly (Library)
Mon	18	Dining at Trips, Stamford
Wed	20	Living “La Dolce Vita!” (Library)
Mon	25	Dining at Zody’s, Stillwater Ave., Stamford

See inside for details

BOARD CORNER

“Shoulders back! Heads up! Stand tall!” Glenda Bloom, exercise coach at the NY Sports Club, called out to us at our March 9th meeting in Parish Hall. “You’ve got to own it! Now march around the room with energy! Show me ATTITUDE! ATTITUDE! ATTITUDE!” Before we knew it, Glenda’s commands started to take their affect on each of us and we came alive, full of energy and enthusiasm. By the end of the class, we were determined to continue more workouts by signing up for her Silver Sneakers program.

Glenda’s words go beyond just exercise and a healthy body. The power of attitude penetrates every part of our lives. Take a look at our very own Greenwich Club.....Have you noticed how so many of our members walk around with ATTITUDE? You can spot them a mile away. They are the ones who possess a take-charge spirit, looking for ways to pitch in, to offer ideas and, best of all, to lead our programs. How grateful we feel toward all those wonderful people who have brought us so many evenings of fun and friendship.

Now, take a look ahead.... Let’s not wait for those same people to keep us going. If you haven’t yet developed attitude, now is a perfect time for you to take a deep breath and plunge in. First, do some reflecting about what you would like to do. This is a social club where the main goal is to have fun. What gives you special joy? What do you feel passionate about? What kind of thing will make you feel good about yourself, knowing that you are helping out in some way? Next, send an email or give a call to any of us on the Board. The trick is to think like a CEO with Greenwich Club as your very own corporation. Nourish it, protect it, embrace it! That’s ATTITUDE!

Phyllis Sattar



St. Patrick’s Day bagpipers transformed Zody’s into a little bit of Ireland. Cheers and beers!



Pickleball

Come see the action! Would you like to drop in to see what Pickleball is all about?

It is easy to learn (a much faster learning curve than tennis) and gaining steadily in popularity across the U.S. It is being played in many towns, day and night, inside and outside: Greenwich (also offers lessons), Norwalk, New Canaan, Ridgefield.

You can do a Google search on "Pickleball" or just copy this link and take a look:

<https://www.youtube.com/watch?v=YGGQk9H62Qo>

There is a local round robin tournament for men and women all day on Saturday, April 2 at the Eastern Greenwich Civic Center (corner of Forest Ave. and Harding Rd., Old Greenwich - near exit 5 on I95).

Let's go over at noon and take a look. Andrea will save some seats. No RSVP necessary. No charge.

Coordinator: Andrea Anthony

FREE FRIDAY FILM March 18 Wild

TIME: 8:00 p.m.

PLACE: Greenwich Main Library, Cole Auditorium, 101 West Putnam Ave., Greenwich



MEET IN LOBBY: 7:40 p.m. and sit together on left side of theater facing stage.

WILD (2014) With Reese Witherspoon, Laura Dern, Gaby Hoffmann and directed by Jean-Marc Vallée. A chronicle of one woman's 1,000 mile solo hike on the Pacific Crest Trail undertaken as a way to recover from recent catastrophes. (115 min)

COORDINATOR: Pat Daigle



WEEKLY WEDNESDAY DISCUSSION AND SOCIAL

7:30 p.m. - 9:00 p.m.

April 6 - Social - "April showers bring May flowers." Let's "swing into in Spring" with a party! Please bring a snack or beverage to share. Hosted by Winnie Walsh and Carolyn Moller, our party planners perfecto.



April 13 - "New Author" talk by Lynn Russo Whyly. Have you always wanted to write a book but haven't been able to get started or you started but haven't been able to finish it? You are about to be inspired. Lynn Russo Whyly, our very own editor, will be coming in to speak about the writing, editing, publishing, sales and marketing process involved with her very first novel, "**In Fashion's Web**", which she self-published on Amazon.com. A writer and editor for 20 years, Lynn is excited to share her experiences with you and to answer any questions you have about the book-writing process.



April 20 - The Italian Art of Living Well. If you can't fly to Italy this spring, then the next best thing would be to attend our meeting to hear speaker, Raeleen D'Agostino Mautner PhD. Raeleen has been a psychology professor who enjoys talking to groups about her passion for Italy and will tell us how we can bring more zest into our lives, the Italian way. Besides being a dynamic speaker, Raeleen also shares her ideas on various platforms, as a columnist for *The Italian Tribune*, author of two books, *Living la Dolce Vita* & *The Italian Art of Living Well*, Host and Producer of a radio program, *The Italian Art of living Well*, Blogger on *Raeleen Mautner.com*. Carpe diem!



April 27 - Dining Adventure. Location TBD.

MONDAY NIGHT DINING 6:30 PM

Zody's 19th Hole

E. Gaynor Brennan Golf Course, 451 Stillwater Ave., Stamford, CT

DATES: April 11, April 25

DISCOUNT: GC members enjoy a 10%

discount on several menu items.

COORDINATOR: Jay Kane, 203-661-9478

Trip's

348 Hope St., Stamford, CT 203-324-2600; Reserved in the name of Greenwich Club

DATES: April 4, April 18

COORDINATOR: Phyllis Sattar, psattar1@yahoo.com



Hiking

For the hiking schedule, directions and other information go to: www.thehiking-group.com Meetup site: <http://www.meetup.com/The-Hiking-Group-Ct-NY>

April 3, Jump Hill Preserve portion of Trout Brook Valley, Easton, CT (B) Meet: 10:30 AM, Merritt, Exit 44, commuter pkg lot
Leader: Bill Pither 914-937-2372

April 10, Bull Hill (Mt. Taurus), Cold Spring, NY (B+) Meet: 11:00 AM, 3011 Rt. 9D, Cold Spring, NY
Leader: Lance Cook 207-694-2769

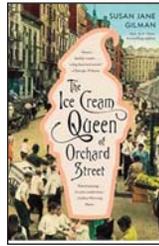
April 17, Bronx River Pkwy Trail, Hartsdale, NY (C) Meet: 11:00 AM, Hartsdale Train Station Northbound
Leader: Andrea Minoff 203-240-2835

April 24, Steep Rock Preserve, Washington Depot, CT (B) Meet: 11:00 AM, 2 Tunnel Rd, Washington Depot
Leader: Dennis Callahan 845-612-9720



Book Club

The Book Group meets on the fourth Thursday of the month at 1:30 p.m. at Ann Sexton's house, 57 Drum Hill Lane, Stamford, CT. Ann is a former librarian, and all books selected for discussion are of interest to both men and women. New members are always welcome. For more information, call Ann Sexton, 203-968-8090.



"The Ice Cream Queen of Orchard Street," by Susan Jane Gilman. As a child in 1913, Malka Treynovsky flees Russia for NY with her family only to be crippled and abandoned in the streets. Taken in by a tough-loving Italian ices peddler, Malka survives. When she falls in love with Albert, they set off together across America

in an ice cream truck to seek their fortune; slowly, she transforms herself into Lillian Dunkle, "The Ice Cream Queen of America"--doyenne of an empire of ice cream franchises and a celebrated television personality.

DIRECTIONS

Trips, 348 Hope St., Stamford, CT

From I-95 north: Exit 9, left at light and left at second light, then right onto Courtland Ave./CT 106. Follow to end, turn left onto Glenbrook Road, stay straight to Church Street (with church on your right). Turn right onto Hope Street. 368 is on the left. From I-95 south: Exit 9, right on U.S. 1/East Main, 1st right onto Courtland Ave./CT 106, follow directions above.

Zody's 19th Hole, E. Gaynor Brennan Golf

Course, Stamford, CT From I-95 north: Take exit 6/Harvard Ave. At end of ramp, go straight one block. Turn left at next light onto West Ave., go straight across Post Road, then bear left around the island, turning onto Stillwater Ave. Continue on Stillwater about 1/8 mi. On your right you will see the golf course. Turn into the parking lot. From I-95 south: turn right off of exit 6 onto West Ave., then follow the directions above.

Greenwich Club

Board Members and Advisors

www.GreenwichClub.org

Email: greenwichclubct@gmail.com

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Treasurer: Del Zalesky, newdel2010@gmail.com

Membership Chair: Lillian Pandolfi,
lpandolfi03@gmail.com

Recording Secretary: Marion Nolan,
nolanmar@aol.com

Corresponding Secretary: Carolyn Moller,
doubledot08@gmail.com

Advisor: Jay Kane (past president)

Monday Night Dinner Host, jbkane1@gmail.com

Advisor: Andrea Anthony (past president), Newsletter Chair, edwardsairport@gmail.com

Committees: Communications and Church

Liaison: Del Zalesky, newdel2010@gmail.com

Outreach: Cathy Sidor, catherinesidor@gmail.com;

Hospitality: Winnie Walsh, winsome13@optonline.net; Meetup Site Coordinator: Loraine Salerno, imsalerno@hotmail.com; Member

Advocate: Marla Weston; Program Advisor:

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